

# CHEF GEOFF'S



**GLUTEN FREE**

# CHEF GEOFF'S GLUTEN FREE MENU

*many of our other menu items may be modified to be made gluten free*

## SOUPS, SNACKS, AND APPS

- Pumpkin & Black Bean Soup** sour cream, scallion 9<sup>95</sup>  
**Hummus & Vegetables** chickpea salad, celery, carrots 10<sup>95</sup>  
**Miso Glazed Edamame** chili, garlic, sesame seeds 9<sup>95</sup>  
**Sautéed Shishito Peppers** dill yogurt, aleppo pepper, lemon 9<sup>95</sup>  
**Sautéed Brussels Sprouts** lemon zest, parmesan 9<sup>95</sup>

## SALADS

*starter size 11<sup>95</sup> entrée size, topped with ...*

*grilled chicken 17<sup>95</sup>*

*grilled salmon, shrimp, or ny strip steak 19<sup>95</sup>*

- Mixed Lettuces** carrot, cucumber, radish, balsamic vinaigrette  
**Spinach** apple, cheddar, candied walnuts, poppy seed cider vinaigrette  
**Super Kale** granola, butternut squash, red onion, pomegranate vinaigrette

## FEATURES

- Pecan Crusted Salmon** brussels, country ham & sweet potato hash, honey mustard sauce 26<sup>95</sup>  
**Rainbow Trout Filet** sweet & sour cauliflower, almond romesco, shrimp sauce 26<sup>95</sup>(D)  
**Pan Seared Alaskan Cod** clam chowder sauce, bacon mashed potatoes 27<sup>95</sup>(D)  
**Jalapeño Lime Steak Tacos** corn tortillas, avocado, cotija cheese, tomatillo salsa, mixed green salad 19<sup>95</sup>(D)  
**New York Strip Steak** loaded baked potato, green beans 29<sup>95</sup>(D)  
**Big Shrimp and Very Gouda Grits** andouille sausage, tomatoes, peppers, onions 26<sup>95</sup>(D)

## BURGERS

- CG Burger** cheddar, bacon, lettuce, tomato, onion, chipotle aioli, gluten free bun, mixed greens 19<sup>95</sup>  
**Turkey Burger** cheddar, turkey bacon, avocado, lettuce, tomato, dijonaise 19<sup>95</sup>  
**Lamb Burger** feta, arugula, tomato, black olives, oregano aioli, gluten free bun, mixed greens 19<sup>95</sup>

## BRUNCH FEATURES

*Saturdays & Sundays until 3:00 pm*

- Classic Scramble** scrambled eggs, applewood bacon, mixed greens 13<sup>95</sup>  
**Smoked Salmon Rice Bowl** garlic kale, roasted mushrooms, buttery chive sauce 19<sup>95</sup>  
**Big Shrimp & Very Gouda Grits** jumbo shrimp, andouille sausage, tomatoes, peppers, onions 26<sup>95</sup>  
**Breakfast Tacos** scrambled eggs, corn tortillas, queso fresco, cilantro, radish, jalapeño salsa, yukon potatoes 14<sup>95</sup>  
**Hangover Burger** pepper jack, fried egg, bacon, chipotle aioli, gluten free bun, mixed greens 19<sup>95</sup>  
**Crab & Avocado Frittata** spinach, avocado, tomato arugula salad, parmesan, lemon vinaigrette 18<sup>95</sup>

## SIMPLE & HEALTHY

*served with garlic broccoli*

- Rainbow Trout** 25<sup>95</sup> **Atlantic Salmon** 25<sup>95</sup> **Chicken Paillard** 17<sup>95</sup> **Alaskan Cod** 26<sup>95</sup> **NY Strip Steak** 28<sup>95</sup>

## SIDES

- Wild Mushrooms** 7<sup>95</sup> **Bacon Mashed Potatoes** 6<sup>95</sup> **Sweet & Sour Cauliflower** 6<sup>95</sup> **Sautéed Green Beans** 7<sup>95</sup>  
**Applewood Bacon** 3<sup>95</sup> (Brunch Only) **Turkey Bacon** 3<sup>95</sup> (Brunch Only)